

UNIVERSITY CATALOG 2017



Master
Richard Van Donk

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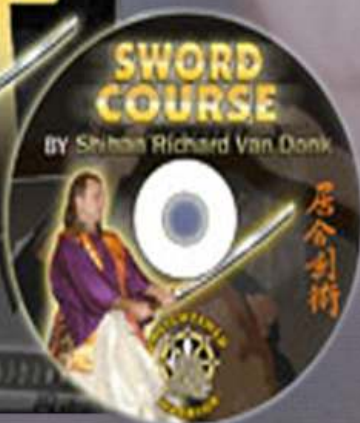
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Dear Friends and fellow martial artists,

Thank you for your continued interest and support! We at Bushindo University/International Bujinkan Dojo Association are dedicated to helping you and others around the world more easily obtain quality Life Changing studies, including martial arts like Bujinkan Ninjutsu/Budo Taijutsu, DeCuerdas Eskrima, Bushindo Sword and Enlightened Warrior Teachings. We provide our students and friends direct lineage access to Soke Masaaki Hatsumi in Japan. Through our concentrated efforts we became an official Hatsumi (Quest Co. Ltd) DVD distributor and secured English subtitles on Soke's videos for you so that you can better understand what he is teaching. We also secured distributors for his Japanese and English book titles and hired translators of his Japanese books (both in and out of print).

We established a systematized structured step-by-step learning and ranking system from beginner to 10th dan. Our desire is to offer you the most comprehensive learning programs possible. We also believe that you should learn something for your grades and know why you have achieved a level. The teachings of the Do "Way" are very important to us. We have created our courses with the thought of you someday becoming a Shidoshi - A teacher of these warrior ways of Enlightenment.

Richard will tell you that being a pioneer has not been easy. When he started in 1982 gathering, exchanging, and offering information on the nine traditions of Bujinkan Ninjutsu he never imagined that he'd make well over 50 pilgrimages to Japan and around the world to personally train with Soke Hatsumi. Our Black Belt Home Study Course released in 1991 was well received all over the world. We've added the Nidan, Sandan and Yondan Course materials, as well as expanded the Spiritual Path course material. We are constantly updating our websites with new information and products. Most all of our teachings are now in an online university. www.BushindoUniversity.com Visit www.Ninjutsu.com often and keep your heart happy. Enjoy Your Studies,

Shihan fantastic Linda Van Donk, JuGodan

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BUSHINDO UNIVERSITY

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Soke
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No one offers you more Ninjutsu Opportunities!

Bushindo is dedicated to providing you an opportunity to change your life for the better by offering you a wealth of information and powerful trainings. We've done our very best to become the definitive Source for Ninjutsu training information anywhere in the world and we are always open to your comments and suggestions on how to serve you better. We are in constant development of new courses. www.Ninjutsu.com



IN THIS CATALOG

Want to know where to start?

We have done our best to offer training programs for every level of martial artist. With so much information available many of our readers often wonder where to start in their training. A good place to start is where you are in your training now or with what originally grabbed your interest in the first place (such as Wow! They have Hanbo stuff. So you get Soke Hatsumi's book and Master Van Donk's Hanbo dvds first). Or if learning Ninjutsu as an art is your passion and you are a beginner then consider enrolling in The Black Belt Home Study Course which was designed to give you a foundation and deep understanding of the Ninjutsu system in a step by step format. This is the best place to start, especially if you do not have an instructor in your area or if you have to travel long distances to train. According to success testimonials from both students and instructors alike our Black Belt Home Study Course is guaranteed to help you progress faster, even if you are currently training in a dojo. Our worldwide success is unprecedented. In the Masters section you will find something interesting no matter what your tastes are.

To see how Ninjutsu can work in a realistic situation get the Combat Ninjutsu tape. To learn about the history and philosophy of the art get Soke Hatsumi's "Essence of Ninjutsu" book and the "History of the Schools of the Bujinkan." If you are experienced in Bujinkan Ninjutsu we highly recommend Shihan Richard Van Donk's Complete Courses in the following order: First is Gyokko Ryu Kosshijutsu Nidan Course, then the Shidoshi Teachers Training to teach you how to share the arts to others. Then the Budo Taijutsu Course to better help you master your taijutsu. Then get Shinden Fudo Ryu Course. And be sure to check out the Tai Kai dvd's which have a lot of bang for the buck!

Also, if you do not already have a spiritual practice and want to establish one then get the Living the Spiritual Path course or at least the Sourcing Enlightenment Audio Cd's that 25 years of research went into. And remember that for training you will need to wear a black uniform with a white belt until you pass your first level grade of 9th kyu and then you can wear a green belt until you reach the BlackBelt rank. We have studies all the way to 15th Dan and we have students that have got there. You can do it too but most of all get started and enjoy the life changing journey!

Bushindo University™

Established in 1994 to expand our educational studies of martial arts and to be a pioneer of the best body, mind, spirit teachings available and to bring back the temple arts into the daily lives of our students.

Bujinkan Ninjutsu Source

We represent Soke Hatsumi in every way we can as he is the source and life spring of the Bujinkan system. Only Bushindo Inc. offers Soke Hatsumi's Tai Kai videos, Books, translations, Home study materials, Training gear, Rank certification and direct Japan training with Soke all in one place. This is why we call our training the Source.

International Bujinkan Dojo Association™ American Bujinkan Dojo™

The ABD™ was founded in 1985 and IBDA™ was founded in 2000 by Shihan Richard J. Van Donk, a personal student of Grandmaster Masaaki Hatsumi, who has given us full authority to promote the Bujinkan Ninjutsu / Budo Taijutsu Tradition in America and throughout the world. Shihan Van Donk was awarded a 15th degree BlackBelt [menkyo the highest Ninjutsu rank possible] and has been given the prestigious Golden Dragon Award from Soke Hatsumi for his efforts in promoting Ninjutsu around the world. Comprehensive curriculums are available from beginner to 10th dan. All IBDA Ninjutsu rank certification comes from Soke Hatsumi in Japan. As an IBDA student your 5th degree Godan test can be taken directly with Shihan Richard Van Donk or at the Japan Hombu.



**Keep persevering and
Enjoy Your Training!**

**If you still need help call us at 707-987-9323
And we can help you decide.**

BUSHINDO UNIVERSITY

Master Van Donk reveals his vision and story behind Bushindo



The Bushindo™ System was founded in order to integrate my martial arts knowledge, and my experiences of spiritual awakenings, and brain-mind research, as well as to separate these teachings from those of the Bujinkan Ninjutsu System as taught

by Soke Hatsumi in which I have invested over three decades of study. In the past few years Soke Hatsumi has merged his arts into a kobudo (ancient warrior) fighting system now called Budo Taijutsu. Although I have trained extensively in these fighting arts, both with him and with many other Grandmasters, my heart and the passion that drives my life is the integration of the philosophical and spiritual sides of the sacred temple arts. I am very interested in seeing how far a group of individuals can evolve ourselves as human beings. The studies of brain-mind research, yoga, kundalini research, sound and light activation of consciousness, meditation practices, body healing methods and alternative medicine are foremost in my personal dedication now. Therefore Bushindo™ as a University was born.

What does Bushindo University™ do for you?

Bushindo University™ brings back the temple arts and incorporates a complete system of integrating the human organism to its fullest state of development. Based on ancient sacred teachings that I have studied since I was a young boy, I have synthesized skills of the best of the best from many systems of studies that have transformed the lives of millions and millions of people. I have taught several of these systems to others in the past and achieved great results. By using my 35+ years of research into the science of how the brain/mind stores, codes and processes information to create and understand paradigms of study and forge modeling processes I am able to help you integrate the knowledge successfully at a faster rate of learning by unifying these sacred arts. I break the studies down into 5 categories of training; Physical, Mental, Emotional, Spiritual, and Social. To advance yourself as a martial artist or human being you must enhance each of these levels to lead a positive and balanced life. These Enlightened Warrior™ teachings are now shared in my private transformation sessions and at special events.



Future of Bushindo University™

Over the last few years we grew from a web presence offering products, services, and home studies to a full Online University. Next evolution will be a brain-mind research center with an indoor/outdoor year round Bushindo™ training facility where individuals can make a committed difference in themselves and the world around us. Designs and business plans are now being completed. If you have connections for funding let us know at it will make all our dreams a reality sooner.

We love Ninjutsu and it is at the core of our teachings

I am still totally actively involved in the Bujinkan system of Soke Hatsumi. Ninjutsu is my passion which is why I have already taken about 50 trips to train with the Master. I received a Judan Menkyo (now equal to 15th dan in his Budo Taijutsu system) from Grandmaster Hatsumi at the beginning of the new millennium. I and other high level instructors support IBDA students worldwide with their Ninjutsu studies. **All of IBDA's ranking comes from Japan.**

Bushindo™ as a Martial Arts System.

In addition to studying with Soke Hatsumi in the arts of Ninjutsu I have been studying and teaching with several councils of Grandmasters. We gather for a few days or more to share each other's arts. We work on what really works and what doesn't. We work on what is the same and what is different. Being exposed to these wonderful masters has taught me many things, made me think and helped me to become a better martial artist of my own kind. I took the best and threw out the rest. I simplified and made everything flow better and easier. I made it all more accurate and precise. I worked on all the angles, distancing and timings of all these master systems until I discovered a master pattern which I call the Golden Matrix. What I have worked out seems to be the core of all movement systems. Bushindo™ is a body-mind-spirit integrated system that will renew, revitalize, and rejuvenate your life while giving you martial art skills second to none.

**RESPECT, GRATITUDE, DEVOTION TO LIFE,
RIGHTFUL ACTION, MUCH JOY AND PLAY**



Who is Master Richard Van Donk?

Master Richard Van Donk was born in Stockton, California on July 15, 1950. Warrior names: kongo tatsu koutei (Diamond Dragon Emperor), Mr. Happy, and Yeeha by Soke Hatsumi.

Master Van Donk is the founder of Bushindo University, Enlightened Warrior™ Teaching System and the International Bujinkan Dojo Association. He is also the director of the International Bujinkan Dojo Association with its International Hombu Dojo residing in northern California, USA. He is married to his lovely wife, Linda, a Bujinkan Shihan Shidoshi (10th dan) and current president of Bushindo and director of American Bujinkan Dojos. Master Van Donk is a direct and personal student of Grandmaster Hatsumi and has been authorized by Soke Hatsumi as a fully licensed teacher of the warrior ways to enlightenment of the Nine Ninjutsu Traditions which Soke Hatsumi learned from the late Toshitsugu Takamatsu Soke (the last true living Ninja.) Master Van Donk has been a pioneer in the art of Ninjutsu in creating ranking curriculums, creating Home Study Courses, and offering Soke Hatsumi's teachings, including seminars, books, and videos, to the world. He travels at least once a year to Japan and around the world to personally train with Soke Hatsumi and to share his knowledge worldwide.

MARTIAL ARTS EXPERT: With 45+ years experience Master Van Donk is one of the highest ranking Bujinkan Ninjutsu Instructors outside of Japan (15TH DAN MENKYO / SHIDOSHI). Privileged to be a personal student of 4 grandmasters and member of several Grandmaster councils worldwide, Richard has received a unique understanding of the martial arts. He holds Black Belt levels or above in Karate, Jujitsu, Tae Kwon Do, Iaido, Aikido, and Battojutsu. He is also an internationally acclaimed Eskrima Grandmaster (personal student of the late DeCuerdas Grandmaster Gilbert Tenio). The International/American Bujinkan Dojo™ and Bushindo University™ have been founded to further martial arts teachings around the world and to provide students an unbroken transmission of Ancient Arts for Modern Times. Master Van Donk is dedicated to achieving World Peace and inspiring personal transformation for every individual in our world family. A member of the prestigious WHFC World Head Of Family Sokeship Council, in Sept 1995 he was awarded Grandmaster of the Year. Grandmaster Van Donk is profiled in Who's Who in Martial Arts, World's Most Elite Martial Arts, and Who's Who in America publications.

**DIRECTOR OF THE INTERNATIONAL
BUJINKAN DOJO ASSOCIATION AND
BUSHINDO UNIVERSITY.**

NINJUTSU: Shihan Van Donk received his (Nidan) Black Belt and Shidoshi-ho (Junior teaching license) directly from Grandmaster Masaaki Hatsumi in 1985. At this time Soke Hatsumi also made him a personal student in a special dojo ceremony. In 1987 he passed his 5th degree test in Japan in front of a panel of Japanese Shihan. At that time he was only the 9th non-Japanese person to be awarded this rank in the art's 2,000 year history. In 1991 Richard received the Golden Dragon Medal Award which is the highest honor in this art. Soke awarded Shihan Van Donk his 10th degree BlackBelt in a private ceremony on Dec 2, 1995 (Soke Hatsumi's birthday). Richard was awarded 15th dan on Dec. 2, 2004.

ESKRIMA: After 15 years of study Master Van Donk was given the rare title of Professor / Master in DeCuerdas Eskrima from the late Grandmaster Gilbert Tenio, who passed his art and Grandmastership to Master Van Donk before his death.

HIS PERSONAL SPIRITUAL QUEST:

Master Van Donk has journeyed all over the world questing Truth, Consciousness and Bliss. He has visited spiritual people and holy places such as the Pyramids in Egypt, Machu Picchu in Peru, Satgurus in India, the Dalai Lama, Tibet Monasteries, China sacred mountains, Israel/Holy lands, Stonehenge, Ephesus in Turkey, Mt. Shasta, American Indian holy sites, Japan Mikkyo Temples, Hunas of Hawaii, Ancient civilizations of Palenque, Teotihuacan and several others deep in the jungles of Mexico searching and studying aspects of spirituality. He is considered a philosopher by many and he has written several books and tapes on the Enlightenment process. He travels sharing the "Awakening... the Optimal Human Experience". Many new exciting brain, mind, spirit, body projects are being developed with the Bushindo™ System.

Obtained Master Trainer Level in such therapies as Neurolinguistic Programming & Design Human Engineering. Certified in Massage Therapy, Hypnosis, & Psycho semantics, he is a coach's coach.

Richard teaches enlightenment and martial arts in a direct and yet very lighthearted way with lots of humor; helping people to find their truth and center themselves while giving them the tools to empower their lives and become better human beings in the process.

IBDA OPPORTUNITY

**“Taking You
From Beginner
To Master”**

**With
Master Richard Van Donk**

**A Lifetime
of Ninjutsu
Teachings**



**Shodan
1st DAN**



Green Belt



White Belt



**International
Bujinkan
Dojo
Association**

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The journey of a lifetime begins with your first step.

Step 1. Join and Become an IBDA MEMBER

Enter the Vault and Study 24 hours a day with our worldwide Online Study group.

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Earn extra income teaching through our DOJO WEALTH BUILDING Program.

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Reach higher advanced BlackBelt levels with our Step-By-Step 2ND Degree to 10th Degree studies.

Optional Opportunities

- Attend our annual IBDA Tai Kai Event, Theme related Seminars / go on a Japan Training Trip.
- Join Shihan Richard Van Donk's Mentorship Program / Inner Circle or Personal one-on-one accelerated advancement training.



Master Richard Van Donk

Director of the International Bujinkan Dojo Association



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“Taking you from Beginner to Master Teacher!”

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ALL This for only \$40 a year (\$3 a month)



Now Only \$40

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Explore the Living Densho Secrets.

Secret Densho Scrolls are hidden in our Ninja vault! And the only Vault key necessary is to become a Vault member for a low \$40 per year. Our Students and IBDA members deserve special knowledge that is not available to the general public. Why hide stuff? Heh, we are Ninjas (in training) aren't we? So a special Ninja Members Only Vault is has been created. We are working hard to fill this vault with lots of high quality martial arts and life empowering information, newsletters, articles, history of the 9 Bujinkan Schools, Soke lineage lists, and ryu waza lists, training techniques, pictures of Takamatsu, Hatsumi, Van Donk, Martial arts, wall papers, free downloads, audio teaching files, lots of video clips and whatever else that should be locked up only for our members. If you have something cool to contribute let us know as we are growing this library of knowledge for you. **Join now and open the secret scrolls!**

NINJUTSU ONLINE STUDY GROUP
Exclusive Members Only!

Become a member and get the answers to training that you want 24 hours a day access. For years it was open to everyone. In order to keep it being a Ninjutsu training forum and not a gossip forum of who is better than whom forum we have taken it private where you can get real truthful and respected answers to your training questions. Discuss your favorite Martial arts topic and learn from top instructors all in one place. For a limited time only the online Study Group and the Ninja Vault it will be included in the IBDA Membership and the Shodan Training Course.

The Ninja Vault, Ninjutsu Online Study Group and Wall Membership Certificate for only \$40. Wow!



One Stop Ninjutsu Shop - 350+ study items at Store.Ninjutsu.com

Your IBDA Opportunity!

HOW FAR DO YOU WANT TO GO IN YOUR NINJUTSU STUDIES? 5TH KYU? SHODAN? GODAN? SHIHAN?

We take you from beginner to Master.

Not just idle words. Hundreds of Bujinkan high ranking teachers got their start with us even a few made it to 15th dan! Results speak for themselves. You can be next when you start today with our teachings at IBDA. Go as far as you want to go.

At IBDA you will find the following:

We are dedicated to helping you personally grow as a human being, to become a better martial artist and to encourage you to become a teacher of what you love.

- All IBDA instructors (and students) know all the same information from 9th kyu to their dan certification level.
- IBDA instructors have solid reference material for themselves and students.
- IBDA Shidoshi (fully licensed) or Shidoshi-ho (junior licensed) instructors have been taught how to teach and are certified.
- IBDA instructors (and students) are properly rank licensed through Soke Hatsumi in Japan, signed by Shihan Van Donk and will be recognized worldwide.
- All students will have the opportunity to learn whatever they desire of the Ninjutsu teachings while having a solid curriculum to follow from 10th kyu Beginner to 10th dan Master.



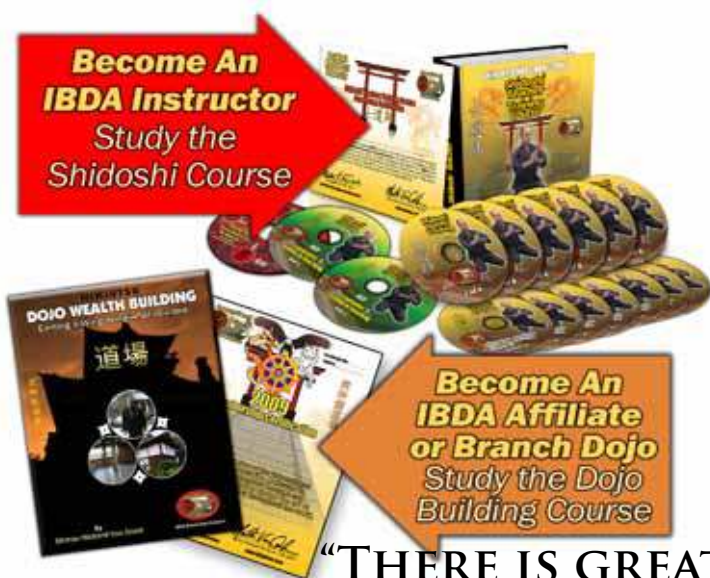
NOT ALL NINJUTSU TEACHING SYSTEMS ARE THE SAME.

May I speak privately and honestly with you? Training and teaching in the Bujinkan can be challenging. Soke Hatsumi has left all organization, ranking certification up to Godan, and style of teaching his art to his Shidoshi students. They can teach anything they want, how they want, create any ranking structure they want, even have their own organization or not.

While this is wonderfully freeing for a teacher it is also very confusing to many students who see a BlackBelt with solid skills from one teacher and then see a 4th dan BlackBelt with no skill level from another. Even though they train in the same art students most often have not been taught the same information, nor are they required to be, the Bujinkan system is so loose that there are even disrespectful Shihan that fly around the country just ranking other peoples students whom they have only met for a day or so to much higher ranks than their own teacher has graded them. This often causes these students to leave their current teacher for the new one.

Good people are tricked into momentarily believing that rank is more important than knowledge as they think they can get the knowledge later. But without a standard study system this will never happen and these students end up being left without the guidance they truly need. For over 25 years we have had a very solid system of study from beginner to 10th dan, ranking based on knowledge and a worldwide organization that offers more study information and opportunities than anyone else in the art.

Become An IBDA BlackBelt - Start the Masters or Shodan Course We want to give our students what we did not get from our teacher and he supports us in this endeavor to offer you the best experience you can have in Ninjutsu. We encourage students to train with everyone they can to add to their knowledge while they foremost keep a solid foundation and an organizational home to build their martial arts experience on.



“THERE IS GREAT JOY IN HELPING OTHERS HAVE A BETTER LIFE.”

IBDA takes a solid stance on having a strategic standardized study plan that benefits everyone while offering additional flexibility so everyone can grow and learn at their own pace in the way they desire.

IBDA - “TAKING YOU FROM BEGINNER TO MASTER”



Memberships - Patches

IBDA MEMBERSHIP



International Bujinkan Dojo Association™

Your International Bujinkan Dojo Association™ membership comes with a very colorful IBDA™ Certificate suitable for framing, an International Bujinkan Dojo Association oval patch, occasional member specials, Ninja Vault access (page 1), Ninja Online Study Group and is required for all IBDA rank testing. No application is needed. All renewals receive a new certificate and another IBDA patch. The vault is worth 10 times this. Please see page 2 for details on the IBDA™ Opportunity. **Annual Membership: #MEM-IBDA \$40.**

HOMBU MEMBERSHIP



Official Annual Bujinkan Hombu Dojo Membership card

This Official Bujinkan Hombu Dojo Annual Membership card comes direct from Soke Hatsumi's Japan office and is required when you train at the hombu Bujinden dojo in Japan or at the annual Daikomyosai. Many Shihan teachers require this card for admittance into their training events. The card is yellow with red hand stamps on it. Membership cards are good only for the year in which purchased. All Hombu cards purchased after Sept 1st will be issued for the next year. **Annual Dues: #MEM-HOMBU \$40.**

IBDA PATCHES



International Bujinkan Dojo Association (Shoulder Uniform Patch)

Metalic Gold IBDA letters written over a metallic silver and grey globe with a Red circle and black Bujin Kanji outlined in gold. Oval shape outlined in black over a red background. **#PA-07 \$7**

Soke Hatsumi's International Bujinkan Dojo Patches



KYU Patch

Official Bujinkan Hombu Dojo 9th kyu to 1st kyu Patch direct from Soke Hatsumi in Japan **#PA-03 \$35**



DAN Patch*

Official Bujinkan Hombu Dojo 1st dan to 4th dan Uniform Patch direct from Soke Hatsumi in Japan. **#PA-04 \$35**

*Please Note:

To order a DAN patch a photocopy of your Bujinkan Dan certificate is required to verify your official Bujinkan rank, unless you are on our certified dan list records. Email to info@ninjutsu.com

Uniform Stars



White, Yellow, or Silver

3/4" Uniform stars are to be used on your uniform above the proper gi patch for the kyu or dan level that you are certified at. They come in a package of 4 so that you will have them as you advance. The iron-on backing allows you to set them in place and then sew or tack them down to keep them in place.

- 4 White Stars **#STAR4W \$1.25**
- 4 Yellow Stars **#STAR4YEL \$1.25**
- 4 Silver Stars **#STAR4SIL \$1.50**

Shihan Richard Van Donk's

Ninjutsu Masters Course



Ninjutsu Masters University Course

By Bujinkan 15th dan, Master Richard Van Donk, was carefully and strategically crafted to easily take you step by step in learning the art of the Ninja. This is a comprehensive university package designed to take you from Beginner to 5th dan Master level in about 8-9 years of much hard work and perseverance. No rank promises are made. This is REAL training and you will be proud of your progress.

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WE COVER IT ALL.... from the Old Days training of Ninpo Taijutsu, Ninjutsu, To-gakure Teachings, Ten Chi Jin... to Juppo Sessho to the more modern Budo Taijutsu. From the Art of Awareness to Combat Ninjutsu. Why be limited? or forced to a name? Soke's Bujinkan has offered many different teachings from many schools and that training has changed and has evolved as he has.

Shihan Richard Van Donk has codified over 35 years of Bujinkan study into a University Course that gives you the full specturm of Hatsumi Bujinkan teachings from the Art of Awareness to Combat Ninjutsu/Budo Taijutsu. We will **NEVER** offer less!!

**Our goal is to provide you with the best education possible to take you from
Beginner to Master! Reg: \$2495 Special \$1797-**

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Become a Black Belt Instructor in Ninjutsu in your own home at your own pace!

This revolutionary Ninjutsu Black Belt Home Study Course, pioneered by Master Richard Van Donk, is used by high ranking Ninjutsu instructors and beginning students alike with great success in over 50 countries worldwide. Seven years, 1000's of hours of research, lots of blood, sweat and tears, and almost million miles of travel in 25+ trips to Japan to personally train with Grandmaster Hatsumi and other Shihan teachers went into providing you with this very comprehensive step-by-step Black Belt curriculum. There is none like it anywhere else in the world. The elite World Grandmaster Council (WHFSC) gave us the #1 Top International Videos Award in 1999. Find out why for yourself! Train at home at your time at your pace! Become an Instructor in Ninjutsu.

**100% SATISFACTION
GUARANTEED.**

WHY A HOME STUDY COURSE? www.BlackBeltCourse.com
Simply put, authentic Ninjutsu is hard to find in many parts of the world. You won't find a qualified instructor available on every corner. The Ninjutsu Black Belt Home Study Course gives people who are not fortunate enough to have a good teacher near them an opportunity to study this art in a step by step manner, offers them a way to get feedback on their training, and if desired, obtain a certified ranking. From the reports of our video students this is a dream come true. The Ninjutsu Black Belt Home Study Course even helps those who have a Ninjutsu dojo near them to practice the lessons at home, enhancing their training. Our students who train at the dojo and at home with the Course advance at least twice as quickly. The Ninjutsu Black Belt Home Study Course also creates a standard for growth and gives a new BlackBelt a method for becoming an instructor themselves.

HOW WILL I BENEFIT BY STUDYING THE COURSE?

People who want a life change, new martial art students, families or buddies who want a hobby together, those who already train but want more information and to learn faster, those without instructors, instructors who want a curriculum for students, blackbelts in other arts and schools who want to add to their system, knowledge or credibility. Our success tells us that our Ninjutsu BlackBelt Home Study Course will give you the edge you need to become a better martial artist!

HOW DO I GET STARTED?

www.ninjutsu.com/beginnersreadthis.shtml

Enroll in the Ninjutsu Home Study Course, fill out the Bushindo Student Registration form that comes with your set. Find a training buddy. Obtain through us or your local martial art shop a black uniform with a white belt. You do not need to have tabi shoes, (some do, some don't). Over time you will need to get or make a few wooden weapons such as a knife, 3ft staff, 6 ft staff and a wooden sword. Study each move on the dvd's over and over until you can do them easily just like it is shown. Most students take about 3 months at each level, achieving their BlackBelt in 2 1/2 years of dedicated study. If you are athletic or already have martial arts experience you may go faster through the levels keeping in mind that the basics are the foundations that you build your BlackBelt and above training on. This Course was carefully crafted over 7 years to give you a natural progression of material. Test for rank and keep studying.

HOW DO I TEST FOR RANK?

We make it simple. Test at an IBDA dojo, attend the annual IBDA Ninja TaiKai, come get a private lesson, host a seminar, or submit a video (up to 1st kyu) to our testing center. We support you in every way in your distance learning. Worldwide success over the last 15+ years has helped us to perfect our teachings, creating BlackBelts and certified Instructors with these lessons. Your BlackBelt test and promotion must be done in person at a semi-annual camp, seminar, tai kai, dojo or private session (even at your location). This is a real BlackBelt and we want your day to be special! Check out all the testing options & details at www.Ninjutsu.com/rank-testing.shtml

**WE'VE TRAINED BEGINNERS
INTO SKILLED BLACK BELTS
ALL OVER THE WORLD.
ARE YOU NEXT?**

CAN I STUDY THE COURSE WITH A FRIEND? (BUDDY PLAN)

It is fun to have someone you can share this art with! Each of you will inspire the other's growth. Understanding this we designed a plan where you and a friend can share your training at a reduced price. Check our website for complete information or call 1-707-987-9323 and ask them to send you the information form. Check out all the Buddy Plan details at www.Ninjutsu.com/buddy-plan.shtml

CAN I REALLY LEARN WITH THE DVD COURSE INSTEAD OF AN INSTRUCTOR?

Absolutely! The DVD videos are your instructor, teaching you in your home or dojo in a step-by-step way. You can slow motion the instructor and practice the move until you learn it. No intimidation of a class. Go at your own speed. And do it when you have the time. Of course you will need to find training partners or a Bujinkan school near you when you feel you are ready to take your training to a new level. We have created a unique and very effective video/dvd testing feedback system that really works. We know because it produces results!



NINJUTSU Black Belt Course

FROM NINJUTSU MASTER
RICHARD VAN DONK,
15TH DAN

HOW TO GO FROM A BEGINNER TO INSTRUCTOR IN 10 STEP-BY-STEP INSTRUCTIONAL DVDs, A TRAINING TECHNIQUE MANUAL AND EVEN AN ONLINE STUDY FORUM WHERE YOU CAN GET THE ANSWERS YOU NEED.

A Complete Ninjutsu Learning System!

Now anyone, anywhere in the world can study Authentic Ninjutsu. Master Van Donk took 35+ trips to Japan during the last 20+ years to personally study with Ninjutsu Grandmaster Hatsumi to bring you this opportunity. Good teachers of authentic Ninjutsu are limited and hard to find so we created a way for you to learn the art without traveling. These Ten comprehensive learning DVD 'S give you endless techniques, plus the forms, philosophy, weapons and dynamics of this 1,000+ year old art in a step-by-step learning format (including the names of techniques in Japanese for the serious student). Nowhere else in the world is this information available formatted as it is in this easy to learn Beginners to Black Belt, 10 DVD Ninjutsu System. Each DVD study

level was carefully designed to be progressive, from easy movements to disarming weapons. Progress quickly as you watch moves over and over or frame by frame in slow motion as you practice them at your own rate of learning. While no DVD course is a complete substitute for a qualified licensed instructor, many have used this very set to become one. The next one could be you! Read details of rank testing and our Buddy Plan on Page 6. Enroll in the Complete Black Belt Home Study Course and **Begin your training today!**
Become an IBDA Instructor!

LEARN AT HOME AT YOUR OWN PACE

Get the Complete Ninjutsu Black Belt Home Study Course

with TEN 1-hour DVD videos; and receive over \$150 in FREE Bonuses including:

A comprehensive Black Belt Training Manual, Japanese Terms learning Audio, 1 yr. Membership, IBDA shoulder patch, Online Ninja Vault, beautiful Wall Certificate with your name on it, Registration for distant learning rank testing with the Bushindo Martial Arts University, Buddy program and more.

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Combat Ninjutsu DVD and see the rock and roll action you'll be able to do when you complete this course!

NINJA BB SET + Combat Ninjutsu DVD #DVD371 only \$317-



We Bring Authentic Ninjutsu To Your Door!



Ninjutsu Black Belt Course

What You Will Learn-

9TH KYU REQUIREMENTS- Beginners Level 1

Building your foundation. Learn the proper Ninjutsu bowing-in procedures, how to tie your belt, how to warm up & stretch before training & the basic standing postures of Seiza, Hira & Ichimonji no kamae. This first dvd teaches you basic forward & backward rolls and breakfalls (how to go to the ground without getting hurt) as well as the basic punches and kicks of Ninjutsu. It covers how to be out of the way of attacks with proper evasion by using your body effectively. You'll begin learning the Sanshin no kata, a set of 5 elemental movement forms which teach very important principles of movement and feeling. At 9th Kyu level you'll learn the basic Chi or earth feeling form of the Sanshin. Intro Level - Basic Body conditioning, Belt tying, Bowing, Movement Basics, Natural Postures of Shizen, Seiza & Ichimonji, Earth Form, Evasion, Rolling, Basic Punching and Kicking

8TH KYU REQUIREMENTS- Beginners Level 2

The focus of the 8th kyu level is taihenjutsu or basic falling, leaping & evasion skills. The foundation for all of the more advanced techniques you will learn rests upon your ability to move fluidly and go to the ground without fear. In 8th Kyu you'll work more on your rolling & body movement skills as well as adding the postures of Hoko, Doko & Jumonji no kamae. You'll learn Omote & Ura Gyaku (inside and outside basic wrist grabs & reversals) as well as Tehodoki (basic wrist escapes) & basic Hanbo (3 ft staff) movements. Continuing the Sanshin no kata you'll learn the basic Sui or water feeling form movement. At 8th kyu you will be introduced to the Kihon Happpo movements, the fundamental ways of moving upon which our art and most all of the martial arts are based. From this level on up you will need a partner to work out with. Ichimonji no kata is the first movement drill you will learn from the Kihon Happpo. Wrist grabs - Locks and escapes, Cartwheels, Weapon- Hanbo (3ft wooden staff), Water form, Being a training partner (Uke), Blocks, Escape from grabs, Striking techniques. Jumonji, Hoko and Doko No Kamae.

7TH KYU REQUIREMENTS - Beginners Level 3

Emphasis at this level is on having more flowing body movement with less effort. You need to be able to go to the ground effectively and be able to take your partner off balance using your body movement rather than muscle. You'll learn side rolls, more advanced back rolls, standing, forward, backward & sideways breakfalls. The postures of Kosei, Hicho & Ihen no kamae are covered as well as Shuto (cupped hand) strikes & backward and sideways kicks. More punching drills, Kihon Happpo & the Sanshin forms of Ka (fire) & Fu (wind) as well as the Gyaku Waza (wrist

reversals) techniques of Omote Oni Kudaki & Hon Gyaku. Basic tanto (knife) techniques are also covered. Advanced Rolling methods, Breakfalls, Kicks, Fire & Wind feeling forms (SanShin), Beginning grappling (Kihon Happpo), Knife understanding attacks, Postures: Ihen, Kosei, & Hicho, Posture flow drill, Oni kudaki.

6TH KYU REQUIREMENTS - Intermediate Level 4

At this level in your taihenjutsu (body movement skills) you should be able to roll without using your hands so that you can either pick up a weapon or take down an attacker as you are rolling. This tape covers how to do this as well as Shiho Tenchi Tobi (4-way leaping skills), Shiho Geri (4-way kicking) and Sokoyaku Ken (heel/sole foot dance). You'll learn the last set of the Sanshin no kata, the Ku or void feeling form. From the Kihon Happpo you'll practice the Jumonji no kata (crossed hand posture movement drill) & Mushi Dori. The Kusari fundo, a weighted chain, is the weapon focus for this level (we always use a rope version for safety when training with a partner). The importance of meditation & diet are covered as well. Leaping skills in several directions, Thumb striking, Void feeling form, Medium level Grappling, Weapon -Kusari Fundo- (Rope/Chain) techniques, Advanced kicking including 4-way (Shiho tenchi Tobi). Meditation, Diet, More Kihon Happpo.

5TH KYU REQUIREMENTS - Intermediate Level 5

The focus at this level is learning the Kihon Happpo movements with efficiency and knowledge of the Japanese names for each technique. This level is a major step and accuracy as well as good body flow is a must. Advanced kicking & punching methods practiced while going to the ground as well as Muto Dori Gata (empty handed sword evasion forms) are on this tape. You'll learn how to strike using the Boshi Ken (thumb fist) & Shako Ken (claw fist), and to kick using Kakushi Geri & Sampo Geri forms. Continuing the Kihon Happpo you'll learn Hicho no kata (flying bird form movement drill) and Ganseki Nage (beginning throwing forms). Basic grappling forms are also covered and the weapon focus for this level is Shuriken (throwing stars). Sword evasion forms, Medium level Grappling (Kihon Happpo), Body grab escapes, Shuriken techniques, Beginning throws (Nage), advanced kicking and punching methods also done while falling.

Get the Ninjutsu Home Study Course BECOME A BLACKBELT!



NINJUTSU Black Belt Course

4TH KYU REQUIREMENTS - Intermediate Level 6

At this level you need to be proficient at taking your opponent off balance. This tape reviews how important balance is in your training and in your life. You'll also find jumping kicks, jumping & diving rolls, running up surfaces, wrist breaking techniques, leg sweeps & how to counter kicks all on this tape. The weapon focus for 4th Kyu is the Rokushaku Bo (6ft staff) & you'll learn basic strikes & distancing for this weapon. Jumping kicks, Countering Kicking attacks, leg sweeps, wrist breaking techniques, 6ft bo staff training (basic and advanced), Rolls (jumping and diving), Flying techniques.

3RD KYU REQUIREMENTS - Intermediate Level 7

At this point in your training your attention should be on your partner's body & the effects that your movement & technique have on your partner. This dvd reviews the importance of this as well as introducing the sword, including how to hold it, 10 different sword kamae (postures) and the basic movements and cuts from each of the 10 postures.

Advanced Tai sabaki (body evasion) is covered on this tape, paying specific attention to distancing & timing, as well as advanced Ganseki Nage (throwing forms), power moves & damaging blows to crush your opponent. Sword postures (10 different kamae) , basic movement and cutting from each one, Throwing skills of ganseki forms, Silent movement, Using nature, Fist and body harmony, Power moves, Damaging blows to crush your opponent.

2ND KYU REQUIREMENTS- Advanced Level 8

This level focuses on advanced falling, leaping, and evasion skills. Kuten (front handspring), Noburi kata (climbing trees, buildings, poles), and Suwari gata (kneeling forms): wrist grabs, reversals, throws and kicks from a kneeling position are shown. You'll learn five new strikes: Shuki ken (hand start fist), Sakki ken (foot start fist), Shishin ken (finger needle strike) and Happa ken (eight leaf fist) as well as Tai ken, the use of the whole body as a fist. Koppo jutsu or bone attacks and Shime waza go kata (the five strangle hold/choking techniques) are also taught on this tape. Weapon focus on this video is the proper use of Shuko (hand claws) and Kenjutsu Shinobi Iai the art of properly drawing a sword.

Discussion on using dreams as insight into things that are happening in your life. Choking and strangulation holds, Knee and elbow strikes, Bone attacks, Climbing trees skills, How to draw a sword several ways, Fighting from sitting and kneeling, Hand claws, Dream work.

1ST KYU REQUIREMENTS- Advanced Level 9

This DVD covers Stealth movement and Gotonpo (body concealment methods using nature to escape). Koshijutsu (organ and muscle attacks) is taught using points on the wrists,

arms, shoulders, throat, face, back, chest and legs etc. Advanced throwing variations (henka) from the Kihon Happo movements of Ura Gyaku, Omote Gyaku, Musha Dori and Ganseki Nage are shown as well as Koshi nage (hip throws), Itami nage (pain throws) and a rare demonstration of Kuki nage (throwing without touching your opponent by using energy and intent only- no body contact). Weapon focus is the Kyoketsu shoge (long rope with circular ring on one end and a double bladed dagger on the other) and how to use Metsubushi (blinding powder). Stealth, Escaping from danger using nature (Gotonpo), Advanced throws (Nage waza), Organ and muscle attacks of Koshijutsu, Variations of advanced grappling forms, Rare Shoge weapon, Metsubushi blinding powders.

BLACK BELT 1st Degree (SHODAN) LEVEL REQUIREMENTS

Knife and gun disarms, how to deal with multiple attackers, Kihon Happo reversing and countering techniques as well as natural taijutsu (body movement) with a gun. Breaking body balance, flowing from technique to technique, capturing the essence of the techniques, and getting your life to work for you are all covered on this DVD. If you have really been practicing, by this level of your training your life should be very different than when you first started training. You will be more confident, more relaxed and generally a happier, more aware, and more conscious human being. Now you are ready to really train! Knife and gun disarms, Handling multiple attackers, Reversing/ countering techniques, Natural gun shooting, Breaking body balance, Flowing technique to technique, capturing the feeling, Randori.

AUTHENTIC NINJUTSU HAS NEVER BEFORE BEEN AVAILABLE TO THE GENERAL PUBLIC IN SUCH AN EASY TO UNDERSTAND AND FOLLOW FORMAT! THIS IS YOUR OPPORTUNITY- START NOW!



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ENTIRE SET low price of...\$297-

Shidoshi Teacher Training Course

BECOME A "TEACHER OF THE WARRIOR WAYS OF ENLIGHTENMENT"

Would you Sell your BlackBelt experience for \$50,000?

士道師

BUY IT NOW
CLICK HERE

Over the years we have asked many people who have achieved BlackBelt level from us this question "Would you sell your BlackBelt knowledge, the changes it has made in your life, impact it has made on others and the friends you have made for \$50,000?" **The answer is always NO WAY!** In one class of 20 BlackBelts they all said NO even for \$1,000,000 - they actually said they would turn down one million dollars! Now that says something!

You can be a BlackBelt in techniques and yet only be a White belt at sharing them.

Teaching can be challenging on many levels until you learn over time by trial and error what works OR now you can get trained in a proven step-by-step method, possibly avoiding years of painful stress or just getting too frustrated and quitting. Teaching becomes a natural progression for many students that reach BlackBelt level, sometimes even sooner, as friends and family become curious about what you are learning. Sharing what you love is magical and gives you a great feeling inside. But it is one thing to be able to do techniques and a whole other thing to be able to share the teachings in a way that others can understand and duplicate what you are sharing. When the size of your group increases to 10, 20, 50 or even 100 students on any consistent basis it can be very overwhelming if you are not trained in how to handle this. The IBDA Shidoshi Teacher Training Course is designed to teach you how to set up your trainings, create schedules, themes and select material for your classes. It will also teach you how to instruct a class and how to handle challenging dojo situations. It will teach you how to interact with your students in a way that keeps them coming back for more. Shihan Van Donk will teach you how he teaches, how he trains his instructors and the secrets of

- **How to be a very skilled, confident teacher**
- **How to Create interesting Lesson Plans daily, weekly, monthly and yearly**
- **Handling your Students challenges and keeping them happy**
- **Your responsibilities as a teacher**
- **Empowering yourself to Empower others by learning to become a good communicator, and leader, how to think on your feet, and be quick at decision making.**

The future of the Bujinkan teachings will depend on its instructors knowing how to properly transfer the art's knowledge to their students and for these instructors to represent themselves as confident professionals both in and out of the dojo. We want our instructors to be examples for others to follow and for them to have been given training in how to teach. We want to make their transition easier. This is why IBDA requires the completion of this Shidoshi (Teacher of the "Warrior Ways of Enlightenment") Training Course for all students that want to become Shidoshi-ho instructors with IBDA. Some people will get to learn this in a dojo setting and some will not as they may only train outdoors with a few friends. It is wonderful if you can attend our dojo classes directly or train with a certified instructor but if this is not available to you we have a complete Distant Learning Program that can take you as far as you want to go. While you are training to get your BlackBelt in Ninjutsu you can also study how to teach the art to others. Most students will start this Shidoshi training by the time they reach the 3rd kyu level, which is over half way to Shodan, so that when you get your Shodan (or Nidan) you will already be trained as a Shidoshi-ho (junior licensed instructor, a direct student under Shihan Van Donk) issued by GrandMaster Soke Masaaki Hatsumi at the Bujinkan headquarters in Japan. This enables you to open up your own Ninjutsu dojo. Yet the greatest level of all is what you will feel inside, the changes you have made in your life and how this affects others around you because of your hard earned efforts. These studies have been proven to change lives! Help us do that by sharing the art!

Shidoshi Teacher Training Course is required material to become an IBDA Shidoshi ho. Course contains 240 page Study Manual, 2 dvds, and 13 audio cds.

#Shidoshi101 \$297 - \$197 Special

BUDO TAIJUTSU Master Principles Course

BUDO TAIJUTSU COURSE "Perfecting Your Budo Taijutsu"



YOUR BUDO TAIJUTSU COURSE CONTAINS:

- 236 page "Perfecting Your Budo Taijutsu" Instruction Course Manual
- 11 DVDS –Shidoshi Richard Van Donk and 9 other instructors share with you their master concepts of Budo Taijutsu in actual demonstration and drills to practice. All about 1 hr long each DVD.
- 70 PAGE Ten Chi Jin Manual - Shidoshi Richard Van Donk notes from 25 years of compiling and studying the Heaven Earth And Man scrolls known as the Ten Chi Jin. This is a \$75 bonus value (for real check the price at the store). It is included here in case you are not real familiar with the core teachings of Soke Hatsumi.

This Budo Taijutsu Course of 11 DVDs and 236 page Manual Only \$197-

**More Information Online at
www.BudoTaijutsu.com**

Store.Ninjutsu.com • Tel. 800.348.6822 (707-987-9322) 24 hr order line

2ND TO 4TH DAN (Degree) Course Packages



NIDAN IBDA Level Training Course

2nd degree Black Belt (Nidan) Package includes: **Gyokko Ryu**

Nidan (2nd degree) IBDA Training Course 263 page Manual includes all the Gyokko ryu wazas of Jo Ryaku no maki, Churyaku no maki and Geryaku/Mutodori gedan plus 29 Kukishinden Ryu Hanbojutsu Shoden / Chuden / Okuden level wazas in Japanese Kanji and English translation and how to practice explanations. Complete with Bakku In Mudras. Shihan Richard Van Donk teaches Nidan students to demonstrate all the wazas to you and expands the teachings.

- Gyokko Ryu Jo Ryaku no maki wazas DVD
- Gyokko Ryu Chu Ryaku no maki wazas DVD
- Gyokko Ryu Ge Ryaku no maki wazas DVD
- Kukishinden Ryu Hanbojutsu/Shikomizue DVD

You can only get these complete Gyokko Ryu waza dvd's in this IBDA NIDAN Course Package #Course-Nidan Complete Package Price \$247-



SANDAN IBDA Level Training Course

3rd degree Black Belt (Sandan) Package includes: **Shinden Fudo Ryu**

Sandan (3rd degree) IBDA Training Course 356 Page Manual includes all 84 wazas of Shinden Fudo Ryu Dakentaijutsu, Ten & Chi No Maki, Shizen Shikoku No Kata Jutaijutsu, Shoden Gata/Juroku Gata /Chuden/ Okuden levels and from Kukishinden Ryu: Rokushakubojujutsu- Shoden, Chuden, Okuden, Kuden levels.

- DVD 1- Shinden Fudo Ryu Ten No Kata (24 Heaven Forms)
 - DVD 2- Shinden Fudo Ryu Chi No Kata (24 Earth Forms)
 - DVD 3- Shinden Fudo Ryu Shizen Shigoku (36 Ultimate Natural Forms)
- Plus DVD- Shihan Richard Van Donk's Ninjutsu Weapons Vol 1 Hanbo, Bo, Kusari, Shuriken

SANDAN Course Package #CourseSandan Package Price \$247-



YONDAN IBDA Level Training Course

4th degree Black Belt (Yondan) Package includes: **Takagi Yoshin Ryu**

Yondan (4th degree) Training Course 206 Page Picture Manual includes all 97 wazas of Takagi Yoshin Jutaijutsu including Shoden No Kata /Chuden No Sabakigata / Chuden No Tai No Gata / Okuden No Kata levels and Eri Shimegata, Moguri. levels. Kukishinden Ryu: Yari Jutsu , Kodachi, Muto Dori -

- DVD 1 - SHODEN LEVEL WAZAS
- DVD 2 - CHUDEN LEVEL WAZAS
- DVD 3 - OKUDEN LEVEL WAZAS includes 14 wazas not listed in Sokes Unarmed Fighting Texhiques Waza Book!!

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Kihon Happpo * Sanshin no Kata * Posture Power * Rolling Made Easy
* Ninja Weapons Vols 1 and 2.

Save money now – GET 1 DVD FREE!

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but get all 6 dvds! #DVD500 \$124.95**



KIHON HAPPO - Koshi Sanpo / Torite Goho Gata

The fundamental roots of all Budo may be contained in the Kihon Happpo according to the last living true Ninja, Toshitsugu Takamatsu. Soke Hatsumi emphasizes the importance of deeply learning these fundamental techniques as a foundation to our Ninjutsu practice. On this video Shihan Van Donk breaks all the pieces of every aspect into a step by step learning of each Kihon Happpo technique as no one else has yet done. The Torite Goho Gata is presented as an understanding of the Universal action of the Inner (Ura) and Outer (Omote). The Techniques covered are the Koshi Sanpo including Ichimonji No Kata, Hicho No Kata, and Jumonji No Kata and the Torite Goho Gata which includes Omote Gyaku, Omote Gyaku Ken Sabaki, Ura Gyaku, Ude Jime Ashi Ori (Musha Dori), and Ganseki Nage. This is such an important DVD to have in your learning library! Taught by Shihan Van Donk.

1 hour DVD #DVD508 \$24.95



SANSHIN NO KATA - Chi, Sui, Ka, Fu and Ku No Kata

Elementary in nature and practical in application, the Sanshin no kata (three hearts methods) is the roots and core of the Bujinkan Ninjutsu training. The Sanshin comes from the 1,500 year old Kosshijutsu system of Gyokko Ryu. It has been practiced through the ages because the movements are fundamental to striking methods whether armed or unarmed. Learn each of the 5 kata as they are broken down piece by piece and step by step just as they were taught to Shihan Van Donk by Grandmaster Hatsumi in Japan. It is exciting to witness how each of these kata forms are used in combat. What's even more exciting is to see how they are the fundamental base for all longer range weapons, as is shown specifically on this recording. You will view the practicality and use of the Sanshin in a whole new light when you get this training. Taught by Shihan Van Donk and assisted by Shihan Balanon.

1 hr DVD #DVD509 \$24.95



POSTURE POWER - Kamae and their use in defense

Now in one place on one video the primary postures from each of the 9 Ninjutsu schools are shown. Shihan Van Donk demonstrates each posture, teaches how to get in them, how to move from them, how to flow from posture to posture while learning their proper names and how to apply them in combat. Do you really know these postures and their Japanese names and how to use them? If not, here is your video. Postures (also known as Kamae) are the fundamental foundations to your martial arts ability and determine your ability to defend yourself. Proper positioning can be everything and knowing how to move in and from them may be even more important. There are 9 ryu (schools) in the Bujinkan Ninjutsu training and each school may offer different kamae (postures), often confusing even the best instructors. Practice posture to posture until you are very comfortable moving from one to the other with Posture Power. Shihan Van Donk is assisted by Shihan Ken Balanon and Shihan Joel Everett.

1 hr DVD #DVD510 \$24.95

Master Richard Van Donk's Ninjutsu Made Easy Series DVDs



Enjoy the Ninjutsu Made Easy Series™! For many years we had numerous requests to make it simpler and easier to learn Ninjutsu. Students asked us all the time where they could learn just the Kamae (postures) and how they work or for a DVD just on the Sanshin no kata and Kihon Happpo. They asked for more help on rolling or for a tape just on weapon postures and strikes. Of course we show all these things on the Black Belt Home Study Course, but they are divided up among the different levels, not in one place in succession. Soke Hatsumi doesn't teach basics anymore and many students just don't have access to a teacher nearby, so we listened, and convinced Shihan Van Donk to do a Ninjutsu Made Easy Series™ on the subjects you most asked for. Brand new footage goes more in-depth on these specific subjects than on the BlackBelt set to help students that really want to learn more. Now you can have more! These dvds were made for beginners and advanced students alike.

This Entire Series is NOW ONLINE at
www.BushindoUniversity.com



NINJA WEAPONS BASICS - VOL. 1

Aspects, Postures and Strikes of the Hanbo, Tanto, Kusari Fundo, Shuriken, Teppan, Rokushakubo, & Naginata. Weapons are fun to train with! The Ninja used many weapons, both traditional and exotic so we share with you some of both. We start with the most commonly known Ninja weapons and share with you what they are, how they are used, postures to hold them in, and how to strike with them. This tape is made for you to practice along with and learn the correct weapon postures by name and then how to strike with them. Here is your opportunity to learn the aspects, postures and striking methods of 7 popular Ninja weapons that are used in Bujinkan Ninjutsu training. Until now there was nowhere you could get all this information in one place, especially on one reference video. Taught by Shihan Van Donk and Shihan Linda Van Donk.

1 hour DVD #DVD511 \$24.95



NINJA WEAPONS BASICS - VOL. 2

Aspects, Postures and Strikes of the Sword, Jutte, Shuko, Kyoketsu Shoge, Yari, Gun & Kunai. With Vol. 2 you can add another 7 of the more popular Ninja weapons to your training arsenal. The Ninja used many weapons, both traditional and exotic so we share with you some of both. We start with the most commonly known Ninja weapons and share with you what they are, how they are used, postures to hold them in, and how to strike with them. This tape is made for you to practice along with and learn the correct weapon postures by name and then how to strike with them. Until now there was nowhere you could get all this information in one place especially on one reference video. Taught by Shihan Van Donk and Shihan Linda Van Donk.

1 hour DVD #DVD512 \$24.95



ROLLING - Making the Ground your friend

Smooth out the bumps and bruises. Learn how to make the ground your friend and make every roll much easier and effective. The ground is our friend because it tells us where we need to improve our relationship to it. Rolls may seem soft on a nice padded mat but in the real world made of asphalt and cement it hurts if you are not rolling effectively and that's where someone is going to attack you, right? On this video we explore the basic rolls used in Ninjutsu and break them down for you in an easy to learn fashion. Shihan Van Donk asked the assistance of Shihan Ken Balanon and Shihan Joel Everett to help teach you the art of rolling. Get rolling and get this great instructional tape.

1 hr DVD #DVD513 \$24.95

Master Richard Van Donk's Mastering Ninjutsu Series DVDs

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Award Winning!!

COMBAT NINJUTSU

Getting it done fast, quick and powerfully.

Cut to the chase and learn master level BlackBelt skills that are so totally devastating and so damaging they should only be used against a bigger, faster, or more powerful adversary than yourself. When applied these techniques can break bones, rip apart muscles, dislocate bones, smash faces, and destroy an attacker with a single blow whether they are unarmed or armed. This is rock and roll Ninjutsu with hundreds of different approaches to get it done quickly. Defenses against pushes, grabs, punches, kicks, sticks and knives.

Unsolicited testimonials say "Awesome, the best". The World Head of Family Sokeship Council awarded this video as the Top International Video of 1999.

1hr DVD #DVD400 \$24.95

KUSARI FUNDO (Short weighted chain) Beginner Vol 1

The Kusari Fundo is one of the most versatile weapons ever designed by man. It is fast, quick and very deadly even from concealed places. Be extremely careful with a real one as bone will shatter in an instant. In this video you will learn how to handle a kusari, do various strikes with it, grapple, choke or simply tie up your opponent. Also learn bone attacks, pressure points and even defenses against knife attackers plus a short live demonstration of its possibilities.



KUSARI FUNDO (Short weighted chain) Advanced Vol 2

Devastating! Brutal and most effective use of the kusari fundo ever offered to the general public. Shihan Van Donk was told by Soke Hatsumi to teach this weapon to the U.S. Watch this video and find out why. He is fast, quick and very deadly. This tape is more demonstration than instruction because of the speed in which the taijutsu (body movement) is done. You will have to watch it several times to catch it all. Strike, grapple, throw and choke then hit them as you leave.



1Hr DVD #DVD303 \$24.95

1Hr DVD #DVD307 \$24.95



HANBO JUTSU (3 ft staff)

Learn everything you've ever wanted to know about hanbo from the history of this 3ft wooden staff to its concepts of use, plus several postures, how to hold it effectively, and striking drills using one hand and two hands from each of the natural postures (stances). Defense tactics are taught for many types of attackers whether they grab, punch, kick or use a knife. This tape will teach you how to grapple, disarm, choke or throw your attacker even if they grab onto your weapon. Step by step explanation.

1hr 45min #DVD301 \$24.95



DISARMING KNIFES / GUNS/ STICKS

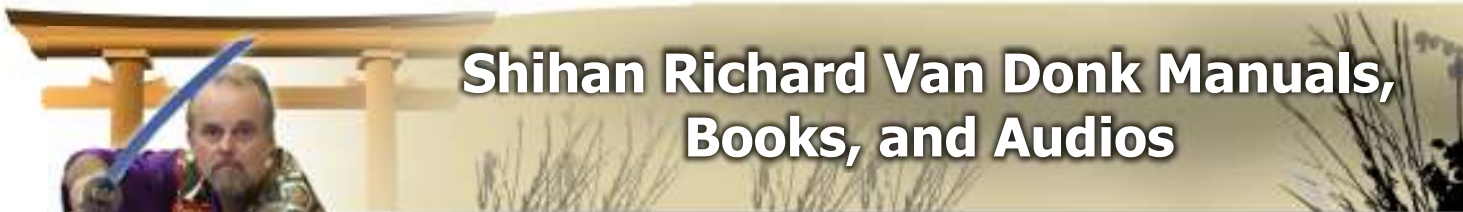
Are you ready to defend yourself against a knife, stick or gun wielding attacker?

Dynamic instructional DVD by Ninjutsu Shihan and Eskrima Master Richard Van Donk teaches and demonstrates the art of disarming weapons plus the philosophy, principles, & techniques that could save your life as it has done for others.

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1st DAN Course Manuals

Van Donk Books



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SHODAN IBDA TRAINING COURSE MANUAL - LEVEL TWO

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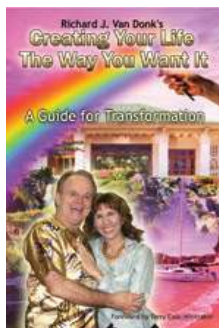
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SHODAN IBDA TRAINING COURSE MANUAL - LEVEL THREE

Official IBDA Ninjutsu Shodan No Maki used by Bujinkan students and instructors worldwide. Manual covers 3rd Kyu, 2nd Kyu, and 1st Kyu and Shodan Ninjutsu techniques and principles explained in details and step-by-step how to photos.

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- Naginata - long staff with a blade on the end
- Jutte - defensive iron tool
- Shuko - hand claws
- Kyoketsu Shoge
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IBDA TAI KAI DVDS



The 20th Anniversary IBDA Ninjutsu Tai Kai was awesome and over the top in many ways. The teaching was great as Shihan Van Donk had several other high level Shihan join him in sharing their knowledge. Every session was jam packed with very interesting Ninjutsu teachings filled with jewels of information not easily found elsewhere – hey, this was the Ninjutsu Warrior’s Secrets Tai Kai after all! We filmed sessions that we knew would be special, like Shihan Richardson’s Keys to Understanding the 9 Ryus, a session on Old vs New Body Armor, Beach Training with Shihan Ordoins and Shihan Everett, Power Drawing by Shihan Dille, Sword of No Mind and Warrior Empowerment Session by Shihan Van Donk. It was all so good that we filmed 18 hours of footage!!! We have included all of the most valuable footage in the entire Tai Kai 07 Dvd Set and we have made individual dvd’s on the most requested teachings.

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Warrior Secrets Tai Kai March 2007

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Official IBDA Bujinkan Ninjutsu Training Manuals- Three Levels

It is no wonder that this is our #1 purchased product. These manuals are used by Bujinkan instructors around the globe as their official teaching manual. In Jan 2012 we completely revised it with new graphics and new information. Now in THREE easy to use study manuals, this Ninjutsu Shodan No Maki is the most comprehensive Bujinkan study work anywhere. It contains a complete overview of the Ninjutsu systems as taught by Shihan Van Donk and is the official 1st Dan manual of the International Bujinkan Dojo Association. These manuals detail step-by-step descriptions of several hundred techniques from beginner to BlackBelt level including the Japanese names for every technique. Here is a brief sample of what you get:

- * Brief history of the 9 schools,
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- * Soke Hatsumi Section
- * Shihan Van Donk Section
- * Meditations - Life Philosophy
- * Kamae Pictures and Weapons Postures
- * 9th kyu to Shodan step by step Several Hundred Techniques
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- * Plus much, much more.



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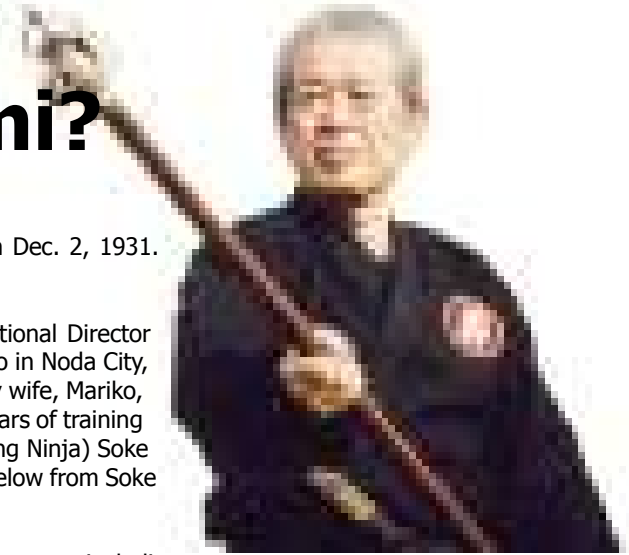
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Who is Soke Masaaki Hatsumi?



初見良昭
武神館

Dr. Masaaki Hatsumi was born in Noda, Japan on Dec. 2, 1931. Warrior names: Yoshikai, Tetzusan, Hisamune. Started martial arts at about age 7. Grandmaster Hatsumi is the founder and International Director of the Bujinkan Dojo with its Hombu Bujinden Dojo in Noda City, Chiba Prefecture, Japan. He is married to his lovely wife, Mariko, a very famous Japanese dance teacher. After 15 years of training with Toshitsugu Takamatsu Soke (the last true living Ninja) Soke Hatsumi inherited the 9 Ninjutsu traditions listed below from Soke Takamatsu two years before his passing in 1972.

Soke Hatsumi has mastered many martial art systems including ancient Kobudo warrior true fighting arts. His combined form of martial arts is now formally called Budo Taijutsu and the name of his system name is Bujinkan. Soke Hatsumi graduated from Meiji University in Tokyo with a major in theater studies, and osteopathic medicine (bone doctor). Soon after graduation he opened a bone clinic in his home town and his practice continued on a steady basis until about 1990 when his travel and movie schedule took over all his time. Grandmaster Hatsumi is the author of over a dozen books and 50+ video tapes on the art of Ninjutsu. He has been featured in almost every magazine relating to this subject in Japan and throughout the entire world. He has authored countless magazine and newspaper articles on Ninjutsu and on living a productive life. He wrote, directed and acted in 50 episodes of a television series called Jiraya which quickly became the number one children's program in Japan. He is now what is called a historiographer of martial arts for various plays and movies, acting as a consultant to ensure that what is being portrayed is done correctly based on true history. He is a past President of the Writer's Guild of Japan. He is sought out as a speaker and television personality in Japan and is an accomplished musician and singer who plays guitar and ukulele (for several years he played night clubs in an Hawaiian band as a singer and musician). The walls of his 3-story brick home display an elaborate collection of signed photos from presidents and leaders from many countries around the world, along with awards, certificates, and honorary degrees from some of the most elite organizations in the world. Among them are Honorary Doctorate degrees from the USA in Human Sciences and Philosophy, Honorary Texas Ranger, a Title of Knighthood from Germany, Black Belt Magazine's Instructor of the Year, and Honorable Citizenship from the state of Texas, cities of Los Angeles, California; Atlanta, Georgia; Dublin, Ireland; etc.... The list grew longer every year as he traveled around the world teaching at international Tai Kai events hosted by senior Bujinkan students in their countries. Soke Hatsumi has been awarded Japan's highest honor by the Japanese Emperor, the Cultural Award, for his worldwide martial art contributions. Students now travel from around the world to learn from him at his Bujinden dojo in Noda city, Japan.

Hatsumi's 9 Inherited NINJUTSU Traditions:

- | | | |
|-------------------------------------|------------|-----------------------|
| 1. TOGAKURE RYU NINJUTSU | 戸隠流忍法体術 | 34 TH SOKE |
| 2. GYOKKO RYU KOSHIJUTSU | 玉虎流骨指術 | 28 TH SOKE |
| 3. KOTO RYU KOPPOJUTSU | 虎倒流骨法術 | 18 TH SOKE |
| 4. TAKAGIYOSHIN RYU JUTAIJUTSU | 高木揚心流柔体術 | 17 TH SOKE |
| 5. SHINDEN FUDO RYU DAKENTAIJUTSU | 神伝不動流打拳体術 | 26 TH SOKE |
| 6. GIKAN RYU KOPPOJUTSU | 義鑑流骨法術 | 15 TH SOKE |
| 7. KUMOGAKURE RYU NINPO | 雲隠流忍法 | 14 TH SOKE |
| 8. GYOKUSHIN RYO NINPO | 玉心流忍法 | 21 ST SOKE |
| 9. KUKISHINDEN RYU HAPPO HIKENJUTSU | 九鬼神伝流八法秘剣術 | 28 TH SOKE |

More information online at the www.Ninjutsu.com Ninja Vault



Soke Masaaki Hatsumi's USA Tai kai DVDs



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Soke Hatsumi for the best dollar value!**



1989 SAN FRANCISCO TAI KAI - TAIJUTSU & WEAPONS

Learn how to use your legs in Taijutsu. Weapons training in sword shown from tying the belt to postures, drawing styles and cutting plus Takagi Yoshin Ryu Taijutsu Ichimonji and Hicho postures. Demos from Shidoshis. Shihans Nagato, Oguri, Kan, Navon join Hatsumi Sensei. Japanese dancing by Mrs. Hatsumi with sword play done in the middle of performance. **2 hrs \$24.95**

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Soke Hatsumi brought 15 Japanese Shihan teachers & instructors from all over the world to L.A., making this Tai Kai one of the most special ever. There is a public martial arts demonstration from all these teachers plus Mrs. Hatsumi. It shows using ancient weapons you don't usually get to see. Sword drawing, Tobi drill, Bo vs. Sword, Multiple Attackers, How to Roll, Sword vs. Sword, Hanbo, Yari vs. Sword, and a rare teaching of Kyoketsu Shoge. Total action! This event was sponsored by Shihan Mark Hodel. A classic! **2 hours \$24.95**

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1991 TEXAS TAI KAI - SWORD & JUTTE

Talk about fun! You have got to see Soke in a cowboy hat an boots singing Bessame mucho! Master your taijutsu as Sok Hatsumi uses the Jutte to teach body movement and thinkin ahead naturally in your movements. Kenjutsu (sword) is als taught as well as the Jutte under-over-sideways-down. Jutte vs the knife, 6ft Bo and Yari. Secret untaught Yari techniques (nc in Sensei's books). Mrs. Mariko Hatsumi performs her level Japanese dancing. Hosted by Richard Van Donk and Ed Sone! Happy Trails! **Over 2 hours - 2 DVD SET \$39.95**

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Soke Hatsumi's Japanese Book Translations



TOGAKURE RYU NINPO TAIJUTSU



Ten, Chi, Jin Ryaku No Maki. Book of Heaven, Earth, and Human strategies. This is the most profound work ever compiled on Ninpo Taijutsu. Created as an instructor's manual by Soke Hatsumi, the roots and core of all Bujinkan training is outlined in this masterful work. The original hardback has been out of print for almost 20 years. We worked hard to get you a professional translation into English so that you could train with this one of a kind instructor's manual. For those who read Japanese, the book was left intact and the translated English text has been integrated onto every page with the complete original Japanese book and then professionally printed on 8 x 11" paper with a nice 4 color cover.

Over 1,000 photos on 289 pages #TR-101 \$ 49.95



SENGOKU NINPO ZUKAN

Translation (Green book- Very Rare)

Soke Hatsumi's first book, done in 1978. A professional English translation of 107 typed pages interlaced with Japanese Kanji without the photos is offered here. Very, very interesting information on the history of Togakure Ryu, obscure weapons and the warring states of Japan. Great Book!.

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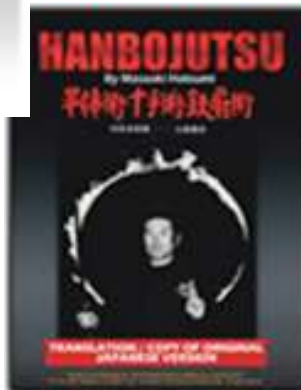
NINJA SUBMISSION Translation

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English Translation with a photocopy of most of Soke's now OUT OF PRINT Japanese book on Bojutsu. Learn postures, techniques and waza combinations from Soke Hatsumi. The original book is now out of print and will not be published again. **#TR-107 \$29.95**



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Grandmaster Richard Van Donk



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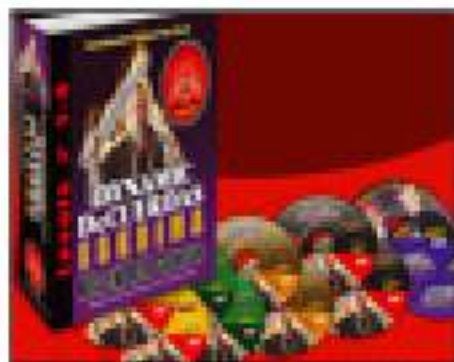


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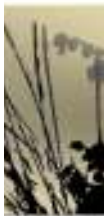
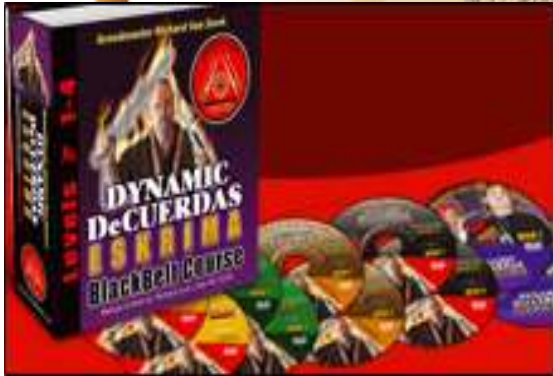
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DISK 2- Dagga Basics, Defenses & Disarms, Dagga Hand Dynamics, Jailing / Trapping, Disarm Flow Drill, Espada y Dagga Drill, DeCuerdas Cord Basics, Pattern Flow Drill, Pass, Trap, Hit, Teaching Tip, Grounding Yourself, BlackBelt Test & Award Ceremony.

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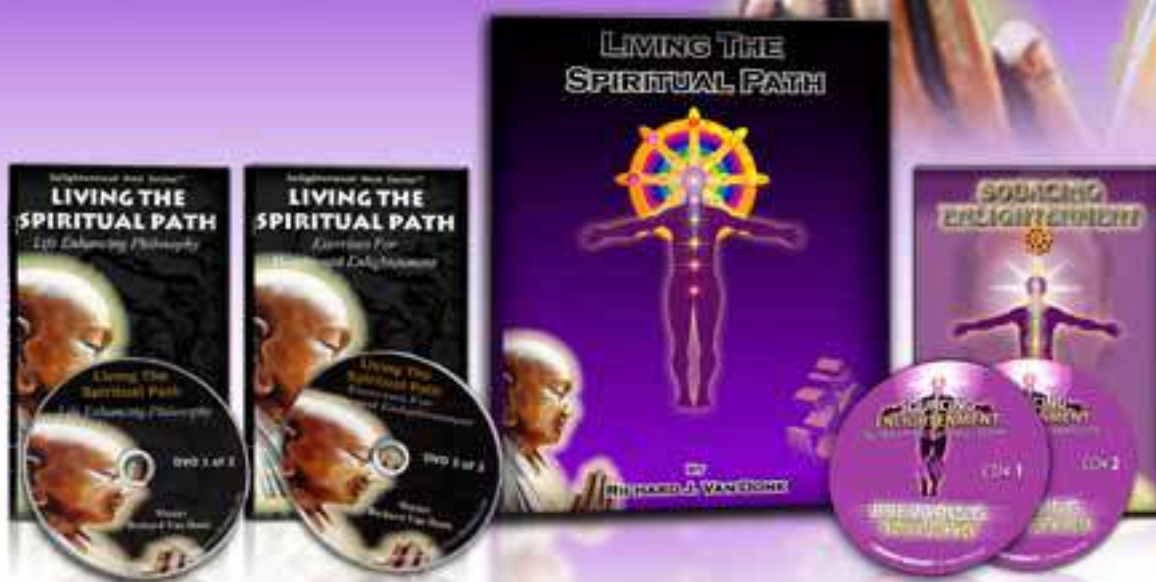
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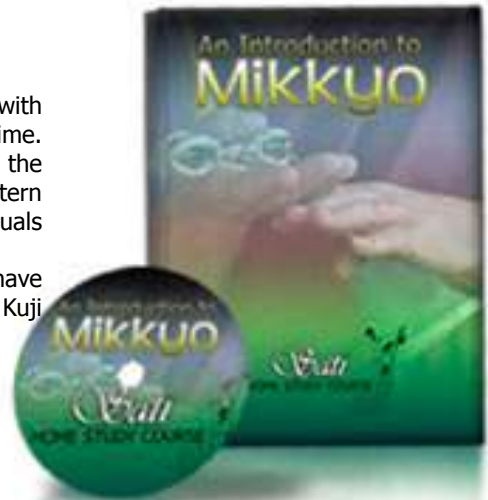


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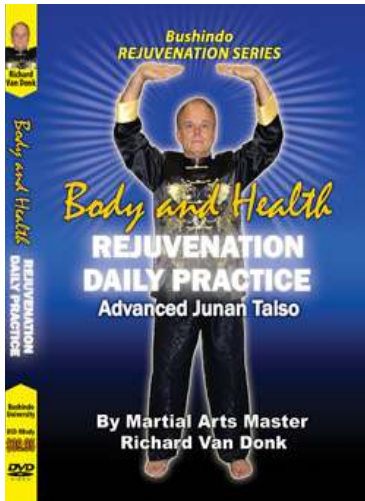
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Front



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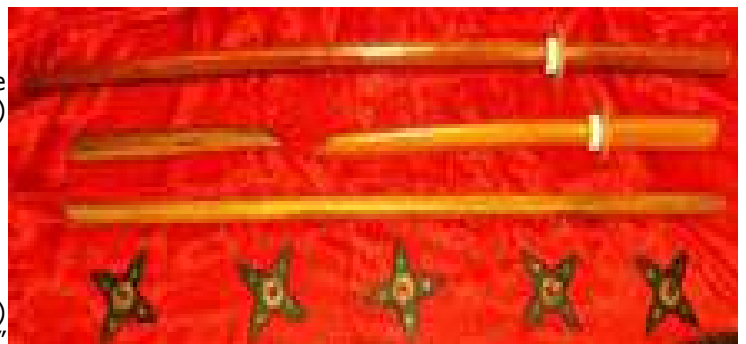


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